

HOLY TRINITY CATHOLIC CHURCH

4th Sunday of Lent
March 15, 2026

Our ability to take a beautiful miracle and turn it into a trial of belonging is truly a pox upon our people. The idea that people make up stories about our sufferings and judge us is also a reason to be sad. But the hope that undergirds this passage is that Jesus heals, Jesus dispels lies, and Jesus does not abandon us when others give up on making us fit their boxes.

This work of Jesus starts at the beginning as he dispels the long-held myth that sin is the only reason why someone would suffer so. Instead of trying to find the blame, Jesus points to the possibility: this man can now be part of the revealing of God's light in the world. Jesus heals the man and appears to be gone by the time the man comes back from the pool of Siloam.

The healed man starts to mess up a whole lot of people's reality. His neighbours can't believe that it's him even though the man keeps repeating his identity and patiently explaining how it's possible that he can now see. The man says what he knows—nothing less, nothing more. He lets the truth stand as it is.

What's interesting to see, though, is how the Holy Spirit uses the challenges to his truth to reveal more truth to the man. When his neighbours can't believe their own eyes, they take him to the religious authorities to get to the bottom of things. The man explains the same thing he told his neighbours, and the Pharisees essentially tell him what he's saying can't be true: the only kind of person who could work such a miracle would not have done such a thing on the Sabbath. They argue among themselves a bit, and this leads the man who was healed to realize that this Jesus is a prophet: his reality proves it no matter what these religious leaders say.

The healed man must now find his way forward in the unknown because he has embraced good news and stood in the truth. But because it was Jesus who led him there, Jesus finds him again. Jesus confirms what the healed man has pieced together through ordeal and blesses the man with a spiritual clarity that matches his clear eyesight. And along the way, Jesus turns the world upside-down again, placing the healed man above the Pharisees as the one who sees and truly knows, who worships in spirit and in truth.



Parish Office: 200 Boundary Road, Spruce Grove

Office Hours: Monday to Friday
9:00am to 4:00pm

Closed for lunch noon—1:00pm; and
Wednesday morning 9:30am—10:00
allowing staff to attend daily Mass.

Mailing Address: Box 3220,
Spruce Grove, AB. T7X 3A5

Phone: 780-960-0135
Emergency only: 587-590-0143
Office email: holytrinity.sg@caedm.ca
Parish website: www.trinitycatholic.net

Pastor: Father Paul Moret
paul.moret@caedm.ca

Associate Pastor: Father Joselito Cantal
joselito.cantal@caedm.ca

Deacon Patrick Hessel: pat.hessel@caedm.ca

Deacon Wesley Turton: wesley.turton@caedm.ca

**One Hail Mary a day for our pastors -
they're praying for us!**



Lenten Penitential Service will be
Wednesday, March 18, 2026 at 7:00 pm.



KNIGHTS OF COLUMBUS—HOLY TRINITY COUNCIL:

For more information contact John Kirsch at
780-712-3382 or jkirsch780@gmail.com

LITURGICAL MINISTRIES

Altar Servers: Glenn O'Neill 780-984-5669	Grief as a Journey: Bonnie Fyculak 780-960-0135
Catholic Women's League: Secretary holytrinitycwl.secretary@gmail.com	Lector Coordinator: Theresa Trommelen 780-970-4096
Children's Liturgy: Sheila Rossi 780-962-8108	Music Coordinator: Deborah Mullan 780-257-4476
Decorating: Brenda Briggs 780-591-4252 (Please do not text to the above number)	NeighbourLink: 780-960-9669
Eucharistic Ministers: Nicole Fester 780-267-2673	Pastoral Care: Harriet Fraser 780-298-9643
Natural Family Planning: Billings Ovulation Method: Stephanie Leroux 780-724-2504	Sacristan: Priscilla Spratt 780-968-2336
Creighton Model Fertility Care: Caroline Campbell 780-975-0822	Seniors: Darleen Broadbent 780-968-1452
Greeters: Paula Roper 780-932-9545	Social Justice: Joshua Merkel 780-233-7882
	Safe Environment Coordinator: Anne Brown 780-960-0135

5 LOAVES 2 FISH



This program allows us to assist those who find themselves in need. Please contact Deacon Wesley Turton at 780-221-2265 or email him at wesley.turton@caedm.ca

CATHOLIC WOMEN'S LEAGUE:



Our next regular meeting will be on **Wednesday, March 25 at 7:00 pm** in the CWL room upstairs.

We will continue to collect prepackaged, individually wrapped snacks for the Parkland Pregnancy Support Centre throughout 2026 (eg. Granola bars, fruit snacks, goldfish crackers, etc).

All members are invited to attend the annual Edmonton Diocesan Convention at Holy Family Parish in St Albert on April 17 & 18. Your registration fees are paid for by our council. If interested please contact Sr. Susan Scott at holytrinitycwl.pastpresident@gmail.com.

We continue to ask for the vacant positions of President, Vice-President and Service Chair to be filled. In your prayers, please continue to discern if this is something you are being called to volunteer for.

“Our Lord hears our prayers anywhere, but He has revealed to His servants that those who visit Him in the Eucharist will obtain a more abundant measure of grace.” (St. Alphonsus Ligouri)



WEEK AT A GLANCE

DOWNSTAIRS:

OL—Our Lady's; SJ—St. Joseph; MD—Martin de Porres; C—Church; Chpl.—Chapel; BR—Board Rm; S—Serving.

UPSTAIRS:

KC—Knights of Columbus Room; CWL—Catholic Women's League; KR—Kateri Room; CR—Classrooms; LZM—St. Louis and Zelig Martin; SF—St. Faustina Youth Room; CA—Blessed Carlos Acutis; SA—St. Anne's Kitchen; SJPII—St. John Paul II Classroom; STL—St. Therese of Lisieux; AR—All rooms upstairs, excluding the KC Room.

Monday March 16 9:30am MASS

6:00pm Encounter—all main floor

Tuesday March 17 6:30pm MASS

(Confessions 5:30pm—6:15pm)

1:00pm Small Christian Community—MD
5:00pm Confirmation Class—KC
7:00pm Bible Study—H
7:00pm Book Study with Deacon Wes—SJ
7:15pm Hope & Healing after Separation & Divorce—KR
7:15pm Social Justice Committee Meeting—MD

Wednesday March 18 9:30am MASS

(Adoration 10:00 am to 6:00 pm)

1:00pm HT Seniors' Group—KC, KR, SA
2:30pm Inner Healing—OL
6:00pm Catechism & RCIC—KR, CA, JP, STL
7:00pm K of C General Meeting—KC
7:00pm Lenten Penitential Service—C

Thursday March 19 9:30am MASS

10:00am Bible Study—H
10:00am Quilters—KC
11:00am Forbes Funeral—C, OL
1:00pm Bonnie Choir—C
7:15pm RCIA —H

Friday March 20 9:30am MASS

(8:30 am to 9:20 am Adoration & Confessions)

10:00am Healing Shawl—CWL
12:00pm Canadian Blood Services—H
1:00pm Decorating—C
6:30pm Stations of the Cross—C

Saturday March 21 5:00pm MASS

(Confessions from 4:00—4:45pm)

10:00am Bible Study—MD
10:30am 1st Holy Communion Class—CWL
1:00pm Baptism Class—SJ
3:30 pm Confirmation Class—KC
6:00pm Rice and Bean Supper—H, K

Sunday March 22 9:00am, 11:00am & 6:00pm

8:20am Rosary with the Knights of Columbus—C
8:30am Rosary for Family in Purgatory—Chpl
9:00am RCIA—KC
10:20am Rosary with the Knights of Columbus—C
10:30am Rosary for the Unborn—OL
5:20pm Rosary with the Knights of Columbus—C
6:00pm Youth Group—C, H, KC, CWL, SA

GRIEF AS A JOURNEY, OUR WALK TO EMMAUS:

You are invited to join us for our spring session **Tuesday evenings** following the 6:30 pm Mass from 7:15 pm to 9:00 pm beginning **March 24, 2026—May 12, 2026**. Please call Bonnie at 780-960-0135 for more information or to register.



Adoration of the Blessed Sacrament will end at **6:00 pm** on Wednesday, March 18, 2026 due to the Penitential Service that begins at 7:00 pm.

Holy Trinity Seniors' Group

Please join us on **Wednesday, March 18th** from 1:00 to 3:00pm in the K of C Room upstairs. Our guest will be a local Pharmacist who will provide information to help us to know and understand Dementia, specifically Alzheimer's Disease - what it is, effects and care/treatment). Bring your questions along and wear your St.Patrick's green.



The next **social justice meeting** takes place on Tuesday, **March 17th at 7:15 pm** in the parish library. We will continue going through this year's study of *Rerum Novarum*.



The annual **Rice and Bean supper** will take place on **Saturday, March 21** after the 5 pm mass in the parish hall. Please come and enjoy a simple meal in solidarity with each other and our brothers and sisters in the Global South. There will also be two talks highlighting the work of organizations that support the less fortunate in our local area as well as globally.

This is a great opportunity to express solidarity with our underprivileged brothers and sisters on the Fifth Sunday of Lent, which is celebrated as Solidarity Sunday throughout the Catholic Church in Canada.

HAPPY ST. PATRICK'S DAY

*May the road rise to meet you.
May the wind be always at your back.
May the sun shine warm upon your face.
And rains fall soft upon your fields.
And until we meet again,
May God hold you in the hollow of His hand.*



THE "FEAST" LIFE
(Author unknown)

Fast from judging others;
Feast on Christ dwelling in them.
Fast from fear of illness;
Feast on the healing power of God.
Fast from words that pollute;
Feast on speech that purifies.
Fast from discontent;
Feast on gratitude.
Fast from anger; **Feast** on patience.
Fast from pessimism; **Feast** on hope.
Fast from negatives; **Feast** on encouragement.
Fast from bitterness; **Feast** on forgiveness.
Fast from self-concern; **Feast** on compassion.
Fast from suspicion; **Feast** on truth.
Fast from gossip; **Feast** on purposeful silence.
Fast from problems that overwhelm;
Feast on prayer that sustains.
Fast from anxiety; **Feast** on faith.

ARE YOU FASTING , FEASTING OR BOTH?

EASTER FLOWERS FOR CHURCH DECORATION:



Name: _____

\$20.00 each _____

Name to be remembered: _____

The flowers will remain in the Church during the Easter Season as a memorial of a loved one who has passed on or someone that is not able to be present with us at Easter. Thank you for your donation.

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