

HOLY TRINITY CATHOLIC CHURCH

2nd Sunday of Lent

March 1, 2026

It was only after Christ revealed the non-negotiable call to pick up the Cross and follow Him to Calvary that He takes His Apostles to the mountain to pray and they witness the Transfiguration while He is in prayer. The Cross is the first key. There is no Transfiguration without the Cross.

It is for this reason that the Transfiguration is intimately connected to Christ's prayer in the Garden of Gethsemane. The same three Apostles go out with Him to pray. This time they are burdened, sorrowful, and cannot stay awake. It is night. They are still spiritually blind to the necessity of what must happen. They cannot yet see or understand that the Cross is the means by which Christ will conquer sin and death and be glorified.

We struggle with the exact same thing in our daily lives. We cannot understand how the sufferings and disappointments that we face on an almost daily basis can lead to our own transfiguration. It is because we too become blinded by the spiritual night of the Cross. This happens in our lives when we seek our own will over God's will. We fail to see that it is precisely through the darkness of the Cross that He will make us radiant. All we must do is surrender.



Parish Office: 200 Boundary Road, Spruce Grove

Office Hours: Monday to Friday
9:00am to 4:00pm

Closed for lunch noon—1:00pm; and
Wednesday morning 9:30am—10:00
allowing staff to attend daily Mass.

Mailing Address: Box 3220,
Spruce Grove, AB. T7X 3A5

Phone: 780-960-0135
Emergency only: 587-590-0143
Office email: holytrinity.sg@caedm.ca
Parish website: www.trinitycatholic.net

Pastor: Father Paul Moret
paul.moret@caedm.ca

Associate Pastor: Father Joselito Cantal
joselito.cantal@caedm.ca

Deacon Patrick Hessel: pat.hessel@caedm.ca

Deacon Wesley Turton: wesley.turton@caedm.ca



March 3—5
With
Fr. Rohan Miranda, OCD
Light and Darkness

Holy Trinity Parish will be offering a Lenten parish mission led by Fr. Rohan. Mass will be celebrated at 7:00 pm these three evenings.

Come and refresh your soul!



“Trust all things to Jesus in the Blessed Sacrament and to Mary Help of Christians and you will see what miracles are.” (St. John Bosco)

KNIGHTS OF COLUMBUS CRIB TOURNAMENT:



Saturday, March 7th beginning at noon. To register email Brad Medernach at bmed@telus.net or call 780-984-1728.

Proceeds will benefit
the Sacred Heart of the First People's Inner City lunch program.



KNIGHTS OF COLUMBUS—HOLY TRINITY COUNCIL:

For more information contact John Kirsch at 780-712-3382 or jkirsch780@gmail.com

LITURGICAL MINISTRIES

Altar Servers: Glenn O'Neill 780-984-5669	Grief as a Journey: Bonnie Fyculak 780-960-0135
Catholic Women's League: Secretary holytrinitycwl.secretary@gmail.com	Lector Coordinator: Theresa Trommelen 780-970-4096
Children's Liturgy: Sheila Rossi 780-962-8108	Music Coordinator: Deborah Mullan 780-257-4476
Decorating: Brenda Briggs 780-591-4252 (Please do not text to the above number)	NeighbourLink: 780-960-9669
Eucharistic Ministers: Nicole Fester 780-267-2673	Pastoral Care: Harriet Fraser 780-298-9643
Natural Family Planning: Billings Ovulation Method: Stephanie Leroux 780-724-2504	Sacristan: Priscilla Spratt 780-968-2336
Creighton Model Fertility Care: Caroline Campbell 780-975-0822	Seniors: Darleen Broadbent 780-968-1452
Greeters: Paula Roper 780-932-9545	Social Justice: Joshua Merkel 780-233-7882
	Safe Environment Coordinator: Anne Brown 780-960-0135

5 LOAVES 2 FISH



This program allows us to assist those who find themselves in need. Please contact Deacon Wesley Turton at 780-221-2265 or email him at wesley.turton@caedm.ca

CATHOLIC WOMEN'S LEAGUE:



Reminder: 2026 Membership fees are now due. Fees (\$40.00) may be paid by e-transfer to:

holytrinitycwl.treasurer@gmail.com

You may also leave a cheque in the Catholic Women's League mail slot.

Of significance is a reminder that we do **NOT** have a President, Vice President, or Service chair. If you are interested in assuming any of these positions please email:

holytrinitycwl.secretary@gmail.com

Sr. Susan, Past President
Holy Trinity, Spruce Grove Council
Catholic Women's League of Canada



The Knights Will be leading the **Rosary** 40 minutes before each weekend Mass and expect to finish 20 min before Mass through to Palm Sunday.

WEEK AT A GLANCE

DOWNSTAIRS:

OL—Our Lady's; SJ—St. Joseph; MD—Martin de Porres; C—Church; Chpl.—Chapel; BR—Board Rm; S—Servery.

UPSTAIRS:

KC—Knights of Columbus Room; CWL—Catholic Women's League; KR—Kateri Room; CR—Classrooms; LZM—St. Louis and Zelig Martin; SF—St. Faustina Youth Room; CA—Blessed Carlos Acutis; SA—St. Anne's Kitchen; SJPII—St. John Paul II Classroom; STL—St. Therese of Lisieux; AR—All rooms upstairs, excluding the KC Room.

<u>Monday</u>	<u>March 2</u>	<u>9:30am MASS</u> 6:00pm Encounter—all main floor
<u>Tuesday</u>	<u>March 3</u>	<u>7:00pm MASS</u> (Confessions 5:30pm—6:15pm) 8:00am St. Thomas Aquinas Gr. 5—H 11:00am St. Thomas Aquinas Gr. 5—C 12:00pm St. Thomas Aquinas Gr. 5—H 1:00pm Small Christian Community—MD 2:00pm St. Thomas Aquinas Gr. 5—C 7:00pm Lenten Mission—C 7:00pm Bible Study—H 7:15pm K of C Fourth Degree Meeting—KC
<u>Wednesday</u>	<u>March 4</u>	<u>7:00pm MASS</u> (No Adoration) 2:30pm Inner Healing—OL 6:00pm Inner Healing—OL 6:00pm Catechism & RCIC—KR, CA, JP, STL 7:00pm Lenten Mission—C
<u>Thursday</u>	<u>March 5</u>	<u>7:00pm MASS</u> 10:00am Bible Study—H 7:00pm Lenten Mission—C 7:15pm RCIA —H
<u>Friday</u>	<u>March 6</u>	<u>9:30am MASS</u> (No Adoration at 8:30am) 10:00am Healing Shawl—CWL 6:30pm Stations of the Cross—C
<u>Saturday</u>	<u>March 7</u>	<u>9:30 am & 5:00pm MASS</u> (Confessions from 4:00—4:45pm) 8:00am K of C—K 12:00pm Crib Tournament—H
<u>Sunday</u>	<u>March 8</u>	<u>9:00am, 11:00am & 6:00pm</u> 8:20am Rosary with the Knights of Columbus—C 8:30am Rosary for Family in Purgatory— Chpl 9:00am RCIA—KC 10:20am Rosary with the Knights of Columbus—C 10:30am Rosary for the Unborn—OL 5:20pm Rosary with the Knights of Columbus—C 6:00pm Youth Group—C, H, KC, CWL, SA 7:00pm Familia—MD

A Friendly Reminder...

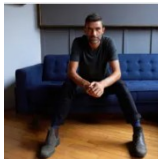
Stations of the Cross will be every Friday during Lent (except Good Friday) at 6:30 pm. (Mass is at 9:30 am.)

Lenten Penitential Service will be Wednesday, March 18, 2026 at 7:00 pm.

Hope and Healing After Separation and Divorce

This 12-part video series focuses on the emotional and spiritual needs of people who have experienced, or are experiencing, separation and/or divorce. The program endeavours to make clear the true love of Christ for anyone moving through this difficult time. Registration and first session will be **Tuesday, March 10 @ 7:15 pm** upstairs in the Kateri Room .

Signpost Music presents **THE PSALMS PROJECT**: a concert of original songs composed, arranged, and performed by **Mike Janzen**, featuring special guests Steve Bell, Erin Propp, Davide Drenzo (drums), George Koller (bass), a string orchestra and the New West Student Ensemble with First Alliance Church Choir.



When: March 8, 2026 at 7:00 pm

Where: Winspear Centre (4 Winston Churchill Square)

Tickets: Available at www.winspearcentre.com/tickets
Or call 780.428.1414

There will be **no** Adoration of the Blessed Sacrament Wednesday, March 4th or Friday, March 6th.

WESTERN CANADIAN CATHOLIC HOME SCHOOL CONFERENCE

Be Not Afraid

When: March 12-14, 2026

Where: Providence Renewal Centre Edmonton

Registration: WCCHSC.net, or email wcchscreg@gmail.com

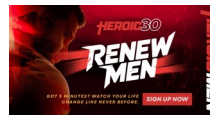
The weekend includes daily Mass, Adoration, Benediction, talks, vendors, and time to visit.

Early bird pricing until February 20, 2026: individual-\$100; couple -\$140. For more information and to register, please visit WCCHSC.net, or email wcchscreg@gmail.com.

The annual **Rice and Bean supper** will take place on **Saturday, March 21** after the 5 pm mass in the parish hall. Please come and enjoy a simple meal in solidarity with each other and our brothers and sisters in the Global South. There will also be two talks highlighting the work of organizations that support the less fortunate in our local area as well as globally.

This is a great opportunity to express solidarity with our underprivileged brothers and sisters on the Fifth Sunday of Lent, which is celebrated as Solidarity Sunday throughout the Catholic Church in Canada.

Heroic 30 Challenge



Led by Heroic Men Canada (powered by God Squad Canada), the **Heroic 30 Challenge** is a 30-day spiritual journey through the virtues of St. Joseph.

Each day features a short video reflection from bishops and Catholic leaders across Canada.

Men are encouraged to sign up—individually or with a friend—for daily emails with videos, reflections, and prayer resources.

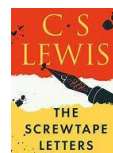
Register **free** at: heroicmen.org/h30

Please don't forget your daily **Ave Maria** for our priests!



GRIEF AS A JOURNEY, OUR WALK TO EMMAUS:

You are invited to join us for our spring session **Tuesday evenings** following the 6:30 pm Mass from 7:15 pm to 9:00 pm beginning **March 24, 2026—May 12, 2026**. Please call Bonnie at 780-960-0135 for more Information or to register.



The Book Study by Deacon Wesley on **The Screwtape Letters** by C. J. Lewis has been **CANCELLED** for **Tuesday, March 3rd**. It will resume on Tuesday, March 10th.

EASTER FLOWERS FOR CHURCH DECORATION:



Name: _____

\$20.00 each _____

Name to be remembered: _____

The flowers will remain in the Church during the Easter Season as a memorial of a loved one who has passed on or someone that is not able to be present with us at Easter. Thank you for your donation.

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