

# HOLY TRINITY CATHOLIC CHURCH

5<sup>th</sup> Sunday in Ordinary Time

February 8, 2026

you are the *salt* of the earth  
and the *light* of the world  
Matthew 5:13-16

Following upon the teaching of the Beatitudes, Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavoring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual Works of Mercy. When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!



**Parish Office:** 200 Boundary Road, Spruce Grove

**Office Hours:** Monday to Friday  
9:00am to 4:00pm

Closed for lunch noon—1:00pm; and  
Wednesday morning 9:30am—10:00  
allowing staff to attend daily Mass.

**Mailing Address:** Box 3220,  
Spruce Grove, AB. T7X 3A5

**Phone:** 780-960-0135  
**Emergency only:** 587-590-0143  
**Office email:** holytrinity.sg@caedm.ca  
**Parish website:** www.trinitycatholic.net

**Pastor:** Father Paul Moret  
paul.moret@caedm.ca

**Associate Pastor:** Father Joselito Cantal  
joselito.cantal@caedm.ca

**Deacon Patrick Hessel:** pat.hessel@caedm.ca

**Deacon Wesley Turton:** wesley.turton@caedm.ca

## KNIGHTS OF COLUMBUS CRIB TOURNAMENT:



**Saturday, March 7<sup>th</sup>** beginning at noon. To register email Brad Medernach at [bmed@telus.net](mailto:bmed@telus.net) or call 780-984-1728.

Proceeds will benefit  
the Sacred Heart of the First People's Inner City lunch program.

## KNIGHTS OF COLUMBUS—HOLY TRINITY COUNCIL:



For more information contact John Kirsch at 780-712-3382 or [jkirsch780@gmail.com](mailto:jkirsch780@gmail.com)

Once again, the Knights are hosting a **Valentine's Dinner and Dance** on **Saturday, Feb. 14<sup>th</sup>**. Tickets will be available at the back of the church after all Saturday/Sunday masses through Feb. 8<sup>th</sup>.

## LITURGICAL MINISTRIES

<b>Altar Servers:</b> Glenn O'Neill 780-984-5669	<b>Grief as a Journey:</b> Bonnie Fyculak 780-960-0135
<b>Catholic Women's League:</b> Secretary <a href="mailto:holytrinitycwl.secretary@gmail.com">holytrinitycwl.secretary@gmail.com</a>	<b>Lector Coordinator:</b> Theresa Trommelen 780-970-4096
<b>Children's Liturgy:</b> Sheila Rossi 780-962-8108	<b>Music Coordinator:</b> Deborah Mullan 780-257-4476
<b>Decorating:</b> Brenda Briggs 780-591-4252 (Please do not text to the above number)	<b>NeighbourLink:</b> 780-960-9669
<b>Eucharistic Ministers:</b> Colin Schroeder 780-233-2985	<b>Pastoral Care:</b> Harriet Fraser 780-298-9643
<b>Natural Family Planning:</b> Billings Ovulation Method: Stephanie Leroux 780-724-2504	<b>Sacristan:</b> Priscilla Spratt 780-968-2336
Creighton Model Fertility Care: Caroline Campbell 780-975-0822	<b>Seniors:</b> Darleen Broadbent 780-968-1452
<b>Greeters:</b> Paula Roper 780-932-9545	<b>Social Justice:</b> Joshua Merkel 780-233-7882
	<b>Safe Environment Coordinator:</b> Anne Brown 780-960-0135

## 5 LOAVES 2 FISH



This program allows us to assist those who find themselves in need.

Please contact Deacon Wesley Turton at 780-221-2265 or email him at [wesley.turton@caedm.ca](mailto:wesley.turton@caedm.ca)

## CATHOLIC WOMEN'S LEAGUE:



Of significance is a reminder that we do **NOT** have a President, Vice President, or Service chair. If you are interested in assuming any of these positions please email:

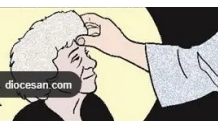
[holytrinitycwl.secretary@gmail.com](mailto:holytrinitycwl.secretary@gmail.com)

Sr. Susan, Past President  
Holy Trinity, Spruce Grove Council  
Catholic Women's League of Canada



"From the Eucharist comes the strength to live the Christian life with zeal and to share that life with others." (St. John Paul II)

Anointing of the Sick



## World Day of the Sick

At the 9:30 am Mass on **Wednesday, February 11<sup>th</sup>**,

Fr. Paul will anoint those who would like to receive the Sacrament of the Sick. Also, at 1:00pm in St. Joseph's Room, Fr. Paul and Fr. Joselito will offer the Sacrament of the Sick to those who wish to receive it.

## WEEK AT A GLANCE

### DOWNSTAIRS:

OL—Our Lady's; SJ—St. Joseph; MD—Martin de Porres; C—Church; Chpl.—Chapel; BR—Board Rm; S—Servery.

### UPSTAIRS:

KC—Knights of Columbus Room; CWL—Catholic Women's League; KR—Kateri Room; CR—Classrooms; LZM—St. Louis and Zelié Martin; SF—St. Faustina Youth Room; CA—Blessed Carlos Acutis; SA—St. Anne's Kitchen; SJPII—St. John Paul II Classroom; STL—St. Therese of Lisieux; AR—All rooms upstairs, excluding the KC Room.

### Monday February 9 9:30am MASS

8:00am Knights of Columbus—K  
6:00pm Encounter—all main floor

### Tuesday February 10 6:30pm MASS (Confessions 5:30pm—6:15pm)

1:00pm Small Christian Community—MD  
6:30pm Holy Communion Class—CWL  
7:00pm Bible Study—H

### Wednesday February 11 9:30am MASS

(Adoration from 10:00am to 9:00pm)

1:00pm Sacrament of the Sick—SJ  
2:30pm Inner Healing Ministry—OL  
6:00pm Inner Healing Ministry—OL  
6:00pm Catechism & RCIC -KR, CA, JP, STL  
7:00pm K of C Executive Meeting—KC

### Thursday February 12 9:30am MASS

10:00am Bible Study—H  
6:30pm Holy Communion Class—CWL  
7:15pm RCIA —H

### Friday February 13 9:30am MASS

(8:30am-9:20am Adoration & Confessions)

9:30am K of C—K  
10:00am Healing Shawl—CWL  
6:00pm CatChat—H, KC, KR

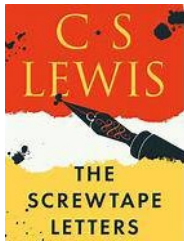
### Saturday February 14 5:00pm MASS

(Confessions from 4:00—4:45pm)

9:00am Bible Study—MD  
9:30am K of C—K  
10:30am Holy Communion Class—CWL  
3:30pm Confirmation Class—SJ, C  
6:00pm Valentine Dance—H, K

### Sunday Feb. 15 9:00am, 11:00am & 6:00pm

8:30am Rosary for Family in Purgatory—Chpl  
10:30am Rosary for the Unborn—OL  
6:00pm Youth Group—C, H, KC, CWL, SA  
7:00pm Familia—MD  
7:00pm Valentine's Family Dance—H



The Book Study by Deacon Wesley on **The Screwtape Letters** by C. J. Lewis will begin on Tuesday, February 17<sup>th</sup> at 7:15 pm. This is a study on how the devil influences our lives. The study will be every Tuesday evening for 12 weeks in St. Joseph's Room. The book should be read before attending.

### Create a Legacy: Will & Estate Planning

A complimentary seminar hosted by John Kok, a financial planner with over 40 years experience along with Daylen LaFleur, a Will and Estates lawyer. These experts will share how to provide for your family and help you begin to consider what you might like your legacy to be.

-St. Joseph's Basilica, February 10, 6:30-9:00 pm

To **register** for the workshop, please

Email [Kari.Mullin@caedm.ca](mailto:Kari.Mullin@caedm.ca) or call 780-469-1010 ext 2164

### Declaration of Nullity

Annulments (or declarations of nullity) are often a misunderstood part of our Catholic faith. In order to clarify our understanding, we are hosting a one evening seminar led by Fr. Paul Moret at Holy Trinity on this topic. It will be held on **Tuesday, February 24 from 7:15 PM until 8:30 PM** in Our Lady's Room following the evening Mass. Please join us to find out more about this important topic.

### This World Day of the Sick, pray for those tempted by Euthanasia and Assisted Suicide ("MAID")

Loving God, You are the source of all life and the healer of every broken heart. Look with mercy on those who face unbearable suffering and are tempted toward assisted suicide. Surround them with compassionate care that honors their dignity, eases their burdens, and affirms the sacred value of every moment of life. We ask this through Christ our Lord. Amen.

[hopeanddignity.caedm.ca](http://hopeanddignity.caedm.ca)



The Catholic Archdiocese of Edmonton



WORLD DAY OF THE SICK  
11 FEBRUARY 2026



### ASH WEDNESDAY, February 18

Masses are scheduled for 9:30 am and 7:00 pm  
(Adoration 10:00 am—6:00 pm)

*When we come forward to receive ashes on Ash Wednesday, we are saying that we are sorry for our sins and that we want to use the season of Lent to correct our faults, purify our hearts, control our desires and grow in holiness so we will be prepared to celebrate Easter with great joy!*

**ARE YOU PREPARED TO RECEIVE ASHES?**

### OLD PALMS:

Because old palms are 'sacramentals', they cannot be thrown away. They **must either be burned or buried to be disposed of correctly.** Please return your palms to the church at your earliest convenience. They can be left in the tote near the Servedy to be burned and used for ashes on Ash Wednesday.



HOLY TRINITY CATHOLIC PARISH

# VALENTINE'S Family Dance



Sunday  
February 15th  
7:00 - 9:30 PM  
Holy Trinity Parish Hall

**Put on your dancing shoes and bring the whole family to get your boogie on!**

- All ages
- Chips and pop will be served
- Family-friendly music
- Monday is a holiday!

Children must be accompanied by an adult



### Mother Teresa's Stewardship Corner

Altar Servers Needed—Contact Glenn O'Neill—[glennoneill@shaw.ca](mailto:glennoneill@shaw.ca)

If you need help for your ministry, contact the Office to advertise here.



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